



Tamar Zerekidze

DOB: 7.Jan.1986

Endocrinologist, MD, PhD

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Works at National Institute of Endocrinology since 2012 till now. While having practical consultations for patients, she is involved in clinical trials. She participates in various international and local conferences. Gives lectures and workshops for endocrinologists and students of Tbilisi State University. Her area of interest is obesity, diabetes and thyroidology.

Education

- 3.02.2015 – PhD degree in endocrinology
- 2008-2015 PhD courses in Iv. Javakhishvili Tbilisi State University in the field of endocrinology, Tbilisi, Georgia.
- 2011 – Licence in endocrinology; (licence number - Ia 07 009672);
- 2008-2011 – Endocrine resident; Iv. Javakhishvili Tbilisi State University, Tbilisi, Georgia
- 2002-2008 – Medical student at Iv. Javakhishvili Tbilisi State University, Medical faculty, N000126, Tbilisi, Georgia

Work Experience

- 2018- up today – Ivane Javakhishvili Tbilisi State University, invited professor in endocrinology
- 2018- up today – European University, Assistant Professor
- 2012-up today – Endocrinologist, National Institute of Endocrinology, Lubiana 2/6, 0159, Tbilisi, Georgia
- 2008-2012 – Assistant of Professor at clinical-diagnostic center Healthy Life

Publications and Oral Presentations

- Влияние лептина на минеральную плотность кости в пременопаузе и постменопаузе; Шанава Ш.Г., Зерекидзе Т.В., Амашукели М. Т., Асатиани К. А.; GeorgianMedicalNews, 2011; 194:47-52;

- Serum Leptin Concentration with Body Fat Distribution in Georgian Population”; First International Diabetes and Obesity Forum, Athens, Greece, 21-23 of October 2010, poster presentation;
- Androgen Deficiency and insulin resistance in obese male patients; First International Diabetes and Obesity Forum, Athens, Greece, 21-23 of October 2010; oral presentation
- Hyperleptinemia May Protect From Cardio-vascular Complications: A Small Georgian Study; T. Zerekidze, Sh. Janjgava, K. Asatiani, E. Giorgadze; Maced J Med Sci; doi.org/10.3889/MJMS.1857-5773.2014.0433;
- Influence of testosterone replacement therapy on metabolic disorders in male patients with type 2 diabetes mellitus and androgen deficiency. Janjgava S, Zerekidze T, Uchava L, Giorgadze E, Asatiani K. Eur J Med Res. 2014 Oct 23;19(1):56.
- etc.

Profesional Association Membership

- 2009 – up today - Georgian Association for the study of obesity;
- 2015 – up today - President of Youth Association for the study of diabetes and metabolic disorders;
- 2014 – up today – Reviewer of Georgian Endocrine Journal – Georgian Medical News, Russian Endocrine Journal “Эндокринология” and Ukrainian Journal “Medix”, together with Prof. E. Giorgadze
- 2015 – European Association for the Study of Diabetes postgraduate course in Tbilisi; sub-organizer
- 2016 – European Association for the study of Obesity training meeting in Tbilisi; sub-organizer
- 2019 – member of EASD

Clinical Trials

- 2019 – up to date – A randomized, double-blind, placebo-controlled phase 2 study to evaluate the effect of Filgotinib on semen parameters in adult males with active rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis or non-radiographic axial spondyloarthritis
- 2019 – up to date – SPIRIT 2: An international phase 3 randomized, double-blind, placebo-controlled efficacy and safety study to evaluate Relugolix administered with and without low-dose estradiol and norethinendrone acetate in women with endometriosis-associated pain
- 2011 – 2018 - CAROLINA - Cardiovascular Outcome Study of Linagliptin Versus Glimepiride in Patients With Type 2 Diabetes; sub-investigator
- 2013 – 2016 - A Study to Assess Cardiovascular Outcomes Following Treatment With Omarigliptin (MK-3102) in Participants With Type 2 Diabetes Mellitus (MK-3102-018); sub-investigator
- 2015 - 2018 - IFN-K-002 - Study of IFN-K in Systemic Lupus Erythematosus; sub-investigator

- 26 December 2011 - GCP (Good Clinical Practice) ICH-GCP Training course, Tbilisi, Georgia (MorisPharma Ltd,)
- 12 November 2013 - GCP Training course, Tbilisi, Georgia (Parexel)

International Conferenses

- 2019 - American Diabetes Association 79th scientific sessions, San Francisco, CA, 7-11 June
- 2019 – Speaker at EASD postgraduate course on clinical diabetes and its complication Cairo, Egypt, 12-14 April
- 2018 – Speaker at 2nd postgraduate course on Diabetes and Technology, 20-22 September, Athens, Greece
- 2018 – American Diabetes Association 78th scientific sessions, Orlando, Florida, 22-26 June
- 2018 – Speaker at EASD (European Association for the Study of Diabetes) postgraduate course in Tbilisi, Georgia
- 2017 – European Association for the Study of Diabetes 53rd annual meeting in Lisbon, Portugal
- 2017 – American Diabetes Association 77th scientific sessions, San Diago, CA
- 2017 – Speaker at Global Conference on Obesity Treatment and Weight Management, Las Vegas, USA
- 2015 – American Diabetes Association (ADA) 75th congress, Boston, MA.
- 2014 – EndoBridge, Istanbul, Turkey
- 2013 and 2014 – European Association for the Study of Diabetes, postgraduate courses, Kiev, Ukraine
- 2013 - European Association for the Study of Diabetes congress, Lisbon, Portugal
- 2011 – Diabetes and Obesity Forum, Athen, Greece
- etc.

Local Speaker

Berlin-Chemie, Sanofi-Aventis, Astra-Zeneca, Takeda, Novo-Nordisk

Language Skills

- Georgian - Native;
- Russian - Fluent ;
- English - Fluent;
- German – Beginer.