

PERSONAL INFORMATION:

Name: Tamar
Surname: Aladashvili
Citizenship: Georgia
Place of Birth: Tbilisi, Georgia
Date of Birth: November 29, 1984

CONTACT INFORMATION:

Address: VI. Ubilava Str.1 (Avlabari)
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POSITION:

M.D. Psychiatrist at Department #2 at “Center for Mental Health and Prevention of Addiction”

Head of Community Service at “Center for Mental Health and Prevention of Addiction”

M.D. Psychiatrist at “Assertive Community Treatment”
a.k.a “Evidence Based Practice Center”

EDUCATION:

2018-2019 Postgraduate Medical Education in
Narcology.TSMU, Institute of Postgraduate Medical
Education and Continuous Professional
Development, Georgia
Degree – Addiction Specialist

2018 – P.H.D. Student at TSU
(Ivane Javakhishvili Tbilisi State University)

2017-2018 Postgraduate Medical Education in
Narcology.TSMU, Institute of Postgraduate Medical
Education and Continuous Professional
Development, Georgia
Degree – Child and Adolescent Psychiatry

2010–2013 Postgraduate Medical Education in
Psychiatry.TSMU, Institute of Postgraduate Medical
Education and Continuous Professional

Development, Georgia
Degree – Psychiatrist
License: I a 58 012982

2003–2009

Tbilisi State Medical University, Faculty of Medicine.

Degree – Doctor of Medicine

Diploma: TSMU No.000041

1991-2002

Public School N. 111, Tbilisi, Georgia

CERTIFICATES, TRAININGS AND AWARDS:

“The Center For Evidenced-Based Practices of the Republic of Georgia” – Certificates of achievement for successful completion on the following training:

- 1. Supported Employment**
- 2. Introduction to Family Based Trauma Informed Care**
- 3. Stages of Change and Motivational Interviewing**
- 4. Principles Of Family Psychoeducation**
- 5. Introduction to Assertive Community Treatment**

Trans – Regional (Caucasus and Central Asia) Training-Seminar “The Istanbul Protocol – Instrument for Fight Impunity” and “Aiding the identification of policing and security equipment commonly used in torture and ill-treatment” (Tbilisi, Georgia 22-25 Jun 2014)

“Child and Adolescent Psychiatry” – ECNP (European College of Neuropsychopharmacology) Summer School – 1-6 March. 2015. Venice, Italy.

“Salzburg Medical Seminar in Psychiatry” – 19-25 March. 2017. Salzburg, Austria

Course on the Leadership and Professional Skills for Young Psychiatrists. 10-12 April. 2017. Tbilisi, Georgia

ECNP Seminar Award in Neuropsychopharmacology, 28-30 November. 2014 Napareuli, Georgia

DGPPN European Stipend (German Association for Psychiatry, Psychotherapy and Psychosomatics) 25-28 November. 2015. Berlin, Germany.

EPA (European Association of Psychiatrists) Travel Grant 12-15 March 2016. Madrid, Spain.

EAPM (European Association of Psychosomatic Medicine) Travel Grant 16-18 June. Luleo, Sweden.

EPA Travel Grant. 1-4 April. 2017. Florence, Italy.

WPA Regional Conference – Delegate of Georgian Association of Psychiatrists. 7-8 June. 2018. Almaty, Kazakhstan.

DGPPN (German Association for Psychiatry, Psychotherapy and Psychosomatics) Congress – European Stipend – Poster Presenter - 28 November – 1 December. Berlin, Germany.

ECNP (European College of Neuropsychopharmacology) Workshop on Clinical Research Methods – 6-8 November. Barcelona, Spain.

OTHER EXPERIENCE:

01/09/2010-15/06/2011 Resident Psychiatrist at “M. Asatiani Research Institute of Psychiatry”/Hospital - Asatiani Str.10

21/06/2011-01/08/2012 Resident Psychiatrist at “Centre of Mental Health/Ambulatory - Gldani, Ipolitov-Ivanov Str.43

01/09/2012-31/05/2013 Resident Psychiatrist at “Centre for Mental Health and Prevention of Addiction LTD” - Qavtaradze Str. 21a

18/01/2013 -1/10/2013 Freelancer Psychiatrist at Assertive Community Treatment program. ACT Georgia - Vazha-Phshavela Ave.N30

RESEARCHES:

Using Quetiapine in Ambulatory Treatment of Patients with Schizophrenia

Depressive Symptoms in Patients with Schizophrenia

Efficacy of Art Therapy in Acute psychotic episodes

Paxifor (Aripiprazol) Efficacy - Multicentral Research

MEMBERSHIP:

EPA Member Since 2016

EAPM Member Since 2017

The Society of Georgian Psychiatrists – Board Member Since 2018

DGPPN Member Since 2018

LANGUAGES:

English–Fluent

Russian–Fluent

Spanish – Low intermediate

